

**OKLAHOMA DEPARTMENT OF CORRECTIONS
PREGNANT OFFENDER GUIDELINES**

Date: _____

Start Date: _____ and expires 6 weeks after delivery.

THE FOLLOWING GUIDELINES ARE TO BE FOLLOWED TO PROTECT THE PREGNANT OFFENDER AND HER UNBORN CHILD. THERE ARE NO EXCEPTIONS:

- No more than two (2) hours daily of mopping, scrubbing or sweeping
- No shoveling snow
- No lifting greater than ten (10) pounds
- Any other job assignments should be limited to sedentary work. Offender must be able to get up and walk around for ten (10) minutes every two (2) hours to prevent possible thrombophelbitis.
- Offender is to rest as her physical health requires. No exceptions.
- Offender is to wear a seat belt during transport and it must be under the abdomen.
- When at an outside medical appointment the offender should:
 - a. Be allowed to get up and walk around for ten (10) minutes every two (2) hours to prevent possible thrombophelbitis
- Pregnant offenders are to be in bed by 10PM nightly
- Offender is to be allowed to use restroom as needed whether at work or on the unit

Healthcare Provider: _____ Date: _____
(Signature)

Offender Name: _____ DOC #: _____
(Last, First)
